

**W**omen's Health Services of Murray-Calloway County Hospital is another example of our commitment to providing quality healthcare. This special group of programs will benefit women like you by providing specialized medical services, flexible maternity care options and educational programs focusing on women's health issues.

Although every woman has individual health concerns, you share certain medical risks with all women. Two of the most common concerns are breast cancer and osteoporosis (a loss of bone mass that increases the risk of fractures and displacement). Women's Health Services offers both mammography and osteoporosis screening, and our medical staff ensures that your test results are delivered promptly.

The hospital's commitment to women patients is also apparent in our Women's Suites, a separate wing of eight private rooms available exclusively to women. Each suite is tastefully decorated to help you feel more at ease during a hospital stay.

Other special medical services are available through Women's Health, including Weight Control For Life! (a weight control program) to assist women with diet and lifestyle modifications.

**H**elping children of many women, Women's Health Services offers a variety of services to help you and your family. Through Women's Health, you can receive a variety of services, including a comprehensive range of maternity care options.

**WOMEN'S HEALTH SERVICES**

**H**elping You Stay Healthy For A Lifetime

No need to worry, you may take good health care as you try to meet the challenges of a demanding schedule.

Women-Calloway County Hospital offers a variety of services that are convenient, accessible and, above all, delivered by sensitive and caring medical professionals who are ready to attend to your individual health needs. That's why we developed Women's Health Services.

You deserve to be treated like a woman, not just a patient. Women's Health Services can have a positive impact on your life by helping with those medical concerns that are unique to women.

Whether your health requires an overnight stay or a convenient visit to our Outpatient Surgery Center, the variety of services available are readily adaptable to your active - and healthy - lifestyle.

Please take a moment to learn what Women's Health Services of Murray-Calloway County Hospital has to offer you. We've even included a reply card for you to request more information. Women's Health Services - another way we're bringing You Good Health!

**WOMEN'S HEALTH SERVICES**

16" x 9" Brochures

**Y**ou're always a special part of our Murray-Calloway County Hospital family. We're excited to have you join us for a special event.

**WOMEN'S HEALTH SERVICES**

**Invitation**

**WOMEN'S HEALTH SERVICES**  
OF MURRAY-CALLOWAY COUNTY HOSPITAL

Invitation

**SATURDAY SEMINARS**

A series of half-day seminars to help women stay healthy and enjoy life more.

**HELPFUL PROGRAMS THAT WILL MAKE YOUR BUSY LIFE EASIER**

**OCT. 27, 1989 9 am - Noon**  
FRESH MEAT DAY YOU HAVE THE TIME? For women who struggle to manage their time while trying to be successful in every way, we welcome you to our seminar. We'll share ideas for organizing your time and other life-changing tips.

**NOV. 17, 1989 9 am - Noon**  
EASE ON THE EXPENSES FRONT! A helpful presentation on public assistance and other financial health concerns. We'll share ideas for managing your money and other financial health concerns.

**JAN. 13, 1990 9 am - Noon**  
CAREFUL, LIVING WITH AND BEYOND YOUR BIRTH DATE! A helpful presentation on public assistance and other financial health concerns. We'll share ideas for managing your money and other financial health concerns.

**SEPT. 30, 1989 9 am - Noon**  
THE REALITY OF MENOPAUSE: Tips on managing the physical, emotional and social changes of menopause. We'll share ideas for managing your health and well-being.

**WOMEN'S HEALTH SERVICES**  
OF MURRAY-CALLOWAY COUNTY HOSPITAL



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