

A SENIORS PROGRAM That Puts Some Pep In Your Step



ENJOY THE PRIME OF YOUR LIFE!
Now that you're at the age when you have time to enjoy life, what could be more satisfying than maintaining a healthy, active lifestyle?

PrimeLife, the exciting health and wellness program from Murray-Calloway County Hospital, is for people age 55 and older who want to enjoy the benefits that come with seniority.

Whether you're 55 or 95, **PrimeLife** is a part of your next class. Walking clubs. Nutrition seminars. Whatever your interests, **PrimeLife** will provide you with health discounts, screenings, the latest in health education, and more!

Call **762-1590** or **1-800-822-1840** ext. 590 to find out how you can really enjoy the prime of your life!

PRIME Life
MURRAY-CALLOWAY COUNTY HOSPITAL

A SENIORS PROGRAM That Cultivates Your Interests



ENJOY THE PRIME OF YOUR LIFE!
Why not give yourself a little TLC? You deserve it. You've worked hard for years, and now you're ready to enjoy life.

PrimeLife, the exciting health and wellness program from Murray-Calloway County Hospital, is for people age 55 and older who want to enjoy the benefits that come with seniority.

Whether you're 55 or 95, **PrimeLife** can help your life flourish. Attend free seminars to learn new hobbies. Get the latest health information from qualified professionals. And participate in social activities and trips that will open up a whole new world of new friends and new places.

PrimeLife also provides valuable health discounts, screenings, travel opportunities, exercise programs and more!

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Newspaper Ads

IF YOU'RE 55 AND OLDER Enjoy The Prime Of Your Life!



Now that you're at the age when you have time to enjoy life, what could be more important than maintaining a healthy, active lifestyle?

PrimeLife, the exciting health and wellness program from Murray-Calloway County Hospital, is for people age 55 and older who want to enjoy the benefits that come with seniority.

Whether you're 55 or 95, it's easy to make **PrimeLife** a part of your life:

- Walking club.
- Nutrition and fitness seminars.
- Parties, picnics and other social activities.
- Learn new hobbies.
- Travel opportunities.

PrimeLife also provides valuable health discounts, screenings, the latest in health education, travel opportunities and more!

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A SENIORS PROGRAM That's More Than A Real Bargain



ENJOY THE PRIME OF YOUR LIFE!
If you've been looking for ways to get more out of life, you can stop shopping now.

PrimeLife, the exciting health and wellness program from Murray-Calloway County Hospital, is a great find for people age 55 and older who want to enjoy the benefits that come with seniority.

Whether you're 55 or 95, **PrimeLife** has something special in store for you! Day trips, weekend excursions and group travel packages. Parties, picnics and other social gatherings - all part of **PrimeLife** that will add spice to your life.

PrimeLife also provides valuable health discounts, screenings, the latest in health education, exercise programs and more!

Call **762-1590** or **1-800-822-1840**, ext. 590 to find out how you can really enjoy the prime of your life!

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